

2 Corinthians 10:

For though we live in the world, we do not wage war as the world does. **4**The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. **5**We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.



Wage War!

**A Daily Battle Strategy
to be more than a
conqueror every day.**

Witnessing

As we seek to live this life to the best of our ability in Christ, what do we need most? We need Jesus Christ in order to live the Christian life. The best and most beautiful thing about this life that we are called to live is that Jesus Christ himself, the King of kings and Lord of lords lives this life with us. When we forget that He is right here and with us now, we lose a vital vision that is essential to living every day for Him..

The first thing that I must do every day is realize that I am in the presence of Jesus Christ as His Holy Spirit lives in me. What a beautiful and glorious truth this is. Right away, my day is empowered and strengthened by His presence.

Good Morning Lord! What fullness and adventure do you have for me today? What abundance will I experience with you today?

The old hymn, "I come to the garden" Talks about Jesus Walking and talking with us. I want this to be my experience, and I want to do this every day with Jesus. To live this out, I must learn from saints like Brother Lawrence who practiced the presence of Jesus in his every day life. He sought to remember that Jesus was with him every moment of every day. This is true for us as it was true for Him.

Witnessing is a tool to use to keep the reality of Christ's presence with us in the forefront of our minds so that we will know that He is with us when we arise and through every moment of the day.

As I practice witnessing Jesus in my life, I will think of the people that I will encounter and the places that I will go today, and I will remember that Jesus will be there and is there with me. In this I will find great Peace and strength because I know that He is with me and will be with me. He goes ahead of me into this day. When I am in those places with those people, I will be led to share the fact that He is with me, and I will let His presence light me up so to speak so that others will know this wonderful savior.

"I will fear no evil, for you are with me; your rod and your staff, they comfort me." Psalm 23:4b

As my eyes are opened to the fact that Jesus is with me in present and future events, I am not nervous or afraid of what is ahead of me. His Rod and His staff comfort me. I look forward to what He is bringing me to.

Jesus was there in my past. Even though I rebelled, He was present to call me out of my rebellion. In His mercy, he brings forgiveness, restoration and healing. He has brought me so far from there. It helps me to witness where I was, and from where He has brought me., to where He is taking me.

Jesus Goes ahead of me in every place, situation and circumstances to deal with each person that I encounter today. He will never leave me nor forsake me, therefore I have no reason to fear. [Deuteronomy 31:8](#)

Affirming

All of my life, I have had to battle thoughts that tend to drift toward the negative side of life. It has seemed to be the default setting of my mind. Fears, darkness, death, lack of self worth, etc. Ephesians 6:12 identifies the source of my struggle. “For We wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.” In order to overcome these forces, it takes an orchestrated plan of attack. A diligent, disciplined and deliberate effort to tear down the strongholds of these thoughts. To cut them off at the source and to replace them with the truth. It is necessary to learn to think towards the positive truth and away from the negative lies. In order to do this, each day, I must firm up the condition of my mind by availing myself of the wonderful truths of God’s word.

Every day, as part of a daily battle plan, I need to put this discipline into practice. For years, the enemy has bombarded me with negative lies, and I have been affected by an inability to deal effectively with these flaming arrows of the evil one. Now that I am learning the truth about The Lord, and who I am to Him. And about the enemy and his war plan against me, I am better prepared to fight back. Its time to meditate on who God is and who I am to him every day so that my day might go towards the positive abundance that God has for me.

I know that ,He is with me, and I know that He loves me, therefore I am getting glimpses of who I am in Him, and who I am to Him. This makes all the difference. He knows me, so now I have the opportunity to know Him. This is my desire to know Him more. I do this by meditating on His word. The scripture verses that reveal Him to me, reveal his character, His mercy and His goodness. Also, I can look at scripture verses that tell me more about Who I am to Him. Who I am in Him. Finally, I can affirm the fact that He has made promises to me. He has made a covenant with me. To bring these truths to mind and to keep them in mind for my day, I keep a list of affirmations from His word. I read them aloud and meditate on them to keep these truths in mind. As I do this, the sword of His word pierces my heart and enlightens my mind.

Note: Affirmations can be specific to an area of your life that you want to grow in. For example, “I can lose weight, because I can do all things through Christ who gives me strength. This includes losing weight.” Our self talk has caused us to be in the condition that we are in. In Judges 6, Gideon is fearful and hiding from the Midianites because of his view of his circumstances, and what his self talk has become because of the circumstances that he is in. When the angel of the Lord appears to him, He says out loud what he has been telling himself. Judges 6:13 “but if the LORD is with us, why has all this happened to us? Where are all his wonders that our ancestors told us about when they said, ‘Did not the LORD bring us up out of Egypt?’ But now the LORD has abandoned us and given us into the hand of Midian.” Here is what Gideon has been telling himself. “Things are out of control. Where are God’s wonders? The Lord has abandoned us. The Midianites are going to overtake us.” No wonder Gideon is so hopeless. He sees only trouble and hardship, and he is ruled by fear. The angel of the Lord came to break all of that self talk and to help Gideon to see with eyes of faith. Affirming ourselves with the word of God will help us to break out and break through.

If you are a visual person like me, you may want to try a vision board. This is a very creative way to inspire yourself to achieve great things and to become inspired to press on into a great future starting with today. To build a vision board, all you need is a background of the size of your choosing that contains pictures that inspire you in all of the arenas of your life, (Financial, Recreational, Spiritual, Physical, Intellectual, Relational, Vocational)

Goal Setting

In order to have a successful day, and to have a direction to move on, it is important to have a plan. Call it a battle plan if you like when it comes to this idea of Waging War as a daily routine. Your battle plan for the day can be looked at as the goals that you have for your day, week, month, year and so on. Targets that you want to hit. Objectives for your life that you want to achieve. These goals should be identified through your abiding with the Spirit of God. You and the Lord should set your life goals together. Everything that we do should be motivated by God and made according to God's will for our lives. After these objectives have been put in place, you should then develop a to do list so that you can move to accomplish the goals that you have set. Your goals should be organized to achieve things in all of the arenas of life.

As an example, the key areas that I have identified for my life are as follows Relational, Recreational, Vocational, Spiritual, Financial, Physical and Intellectual. Under each of these key areas, I have prayerfully identified goals that I feel are important in each of these areas. I have an overarching goal of Wholeness in Body, mind and Spirit. If I can experience abundant living in each of these key areas of my life, I will be moving towards Wholeness.

To keep this organized, I use a software program that helps me to keep my goals visually before me. I am very visually oriented, and it helps me to see my goals in front of me on a regular basis. That is why I built this practice into my daily routine. To keep moving towards wholeness, I want to keep my goals in mind, and to mark my progress towards my goals. Each day, I develop a to do list from the goals that I have set. I am trying to work on to do items under each goal area as often as possible. This keeps me on track to achieve my goals.

Energizing

One of the first things that we naturally want to do when we wake up is to eat so that we can energize ourselves for the new day. What we eat becomes very important so that we can receive healthy energy. I have been learning this lately as I have begun to change my lifestyle when it comes to my eating.

Exercise is also very important. The benefits are numerous. Waking up, getting the blood flowing, producing serotonin and dopamine getting the heart rate up, burning calories and other benefits.

Using exercise as part of a morning routine can also be incorporated and overlapped with other aspects of the morning routine. For instance, as I exercise, I can continue to abide. I walk with Him, so I witness His presence, and I can pray for the people and places that I encounter along the way. I can witness to them. I am getting exercise. I continue to plan my day.

Some of the resources that are helpful in daily exercise are things like smart phone apps such as moto body among many others. These apps will keep track of steps taken when walking or running as well as data from other exercises like bike riding. Some of these apps also communicate with other apps that keep track of diet and other info that is relevant to food eaten and overall physical health.

“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own, you were bought at a price. Therefore honor God with your bodies.”

1 Corinthians 6:19, 20

Writing

Writing— Having a blank sheet of paper in front of you to start your day. Each day can be looked at as a clean slate on which thoughts, ideas, revelations from God, Scriptures and plans can be written.

Because of the LORD's great love we are not consumed, for his compassions never fail.²³ They are new every morning; great is your faithfulness. Lamentations 3:22-23

How has God been speaking to you. What has He said to you. Where is He leading you. Just like an artists canvas, a blank page every day can be filled with wondrous things that inspire.

The keys to keeping a journal is to write in it on a regular basis and to review

Note: Writing out your affirmations is helpful. It will help to keep track of the areas that are in focus.

Abiding

To Abide is to be in Christ. A Christian can't help but to abide. To intentionally go deeper in Christ, We should look at our abiding in terms of using Spiritual practices to come Closer to God. The Bible says, "Draw Near to God and He will draw near to you." In order to draw near to God, Spiritual Disciplines are helpful. These are things like: Prayer, Reading the Bible and a devotional help. Solitude, Silence Fasting, Meditating on the Word and studying the Word. Celebrating who we are in Christ and fellowshipping with others as we discuss together the goodness of the Lord. There are even more spiritual disciplines beyond this that can be discovered and utilized in your life. As you grow deeper in Christ, books like [The Spirit of the Disciplines](#) by Dallas Willard can be very helpful. Keeping it simple for now would be best, starting with Prayer.

A good outline that helps us abide is A.C.T.S.W. A stands for Adoration, C stands for Confession, T stands for Thanksgiving, S stands for Supplication(prayer requests) and W stands for Warfare. Organizing your prayer time into these elements makes for a time with the Lord that covers all of the basis.

The practice of prayer is a simple way of drawing near to God. Even simpler is developing the capacity to hear God's voice. Won't your life be transformed as you learn to listen to the voice of the creator of the universe? This is the goal of drawing near, so that we might know our God and hear from Him.

I have found that a good way to get into prayer is to begin by reading the word and meditating on it. Asking yourself and God, "what is this passage saying to me?" Let the reading and the meditation on that passage be turned into prayer. It is no mistake that you are in that particular passage. Most likely, God has brought that passage to you to draw your attention to something in your life that He wants you to do or to face. Let God speak to you there, and let that passage help you to get into prayer.

Deeper prayer will happen when you learn to share your heart with God. I have found as I have prayed using scripture, that God has brought the word more alive to me and has spoken to me through His word. A love for the word has developed as God has spoken to me through it. As love for the word has developed, I have wanted to study and meditate on the word more. My prayer time increased as well.

Reading

Our reading should begin with the Word of God. His words are bread and life to us. Jesus talked about “other food” when he was at the well with His disciples. The word of God is other food and better food for us. Our daily diet should include God’s word. Not only should we read it, we should know it and live it. Memorization and meditating upon what we have read is also vitally important, because the enemy, the liar is always trying to twist and change the truth and to lead us astray. If you read, memorize and meditate on the word, you will “know the truth, and the truth will set you free.”(John 8:32)

Besides reading the word of God directly, it is helpful for us to read peripheral material to the word of God from trusted and true sources. Authors who write about God’s word and write about life issues that utilize the Word of God. This is helpful to our spiritual growth as well.

C.S. Lewis said, “We read to know that we are not alone.” I’ve never thought about it that way. What a gift reading is to us. To go along with what C.S. Lewis said, we are much more able to know God because of the gift of “The Word” to us. His word is living and active and sharper than a double edged sword.” (Hebrews 4:12) What a wonderful privilege we have to read His word and other words about Him, and other words about His creation and His ideas. Reading is an essential part of any daily regimen for a powerful life.

We talked earlier about writing. The importance of collecting and organizing our thoughts to help to empower our lives. Part of our reading should be to reflect on what we have written. As God speaks through His word and through other means to us, and we write to gather His words to us like the Israelites gathered their daily manna, we should have a means of reflecting on those words, thoughts and ideas. A strategy of recollection and reflection so that we can stay sharp. If we write and forget, it is the same as if we had never written.

When a person is said to be “well read”, it means that he has filled his or her mind with truths that build intelligence. The reading that I am talking about here is reading that enhances your spiritual life. Be well read spiritually and your life will become more abundant. I pray that these thoughts that I have written here will encourage you to read the Bible, Godly writings and your own writing down of the things that God has revealed to you in your life. I pray that these will become a part of who you are. You will be blessed and you will be such a blessing to everyone that you come in contact with.